What are STABLE Accounts?

What STABLE Accounts Are

- Created under the **Achieving a Better Life Experience (ABLE) Act of 2014**, allowing states to offer **529A savings programs** for disability-related expenses.
- Funds grow **tax-free** and withdrawals are **tax-free** when used for **qualified disability expenses (QDEs)** such as housing, transportation, education, employment support, health care, and more.

Eligibility

- Disability must have **begun before age 46** (expanded from age 26 effective 1/1/2026).
- Must either:
  - Receive **SSI** or **SSDI**, or
  - Have a **physician-signed disability certification** confirming "marked and severe functional limitations."
- Only **one STABLE account** is allowed per eligible individual.

Contribution Limits

- Typical annual contribution limit is **$20,000 in 2026** (varies by year and state).
- Working beneficiaries may contribute additional earned income up to the federal poverty line for a one-person household.
- Anyone—family, friends, employers—may contribute.

Impact on Benefits

- **SSI is not affected** as long as the STABLE account balance stays **below $100,000**.
- **Medicaid eligibility is not affected**, regardless of balance (up to the state plan limit).
- Helps avoid the usual **$2,000 asset limit** for needs-based programs.

Neither Arrowood Capital nor &Partners renders legal or tax advice. Please consult your tax or legal advisors before taking any action that may have tax consequences.
Securities and investment advisory services offered through &Partners, LLC, a broker-dealer and investment adviser registered with the U.S. Securities and Exchange Commission and member FINRA, SIPC

Qualified Disability Expenses (QDEs)

Examples include:

- Housing and rent
- Transportation
- Education and training
- Employment supports
- Health care and medical equipment
- Assistive technology
- Basic living expenses
  These categories are broadly defined to support independence and quality of life.

Opening and Managing an STABLE Account

- Accounts can be opened by the beneficiary or an authorized legal representative (ALR/PSA).
- Most states offer online enrollment and investment options.
- STABLE accounts can work alongside **529 plans**, **HSAs**, **retirement accounts**, and **special needs trusts**.

Key Advantages

- Tax-free growth and withdrawals for QDEs.
- Protects eligibility for SSI, Medicaid, and other needs-based programs.
- Flexible contributions from multiple sources.
- Allows financial planning for disability-related expenses without penalty.

Neither Arrowood Capital nor &Partners renders legal or tax advice. Please consult your tax or legal advisors before taking any action that may have tax consequences.
Securities and investment advisory services offered through &Partners, LLC, a broker-dealer and investment adviser registered with the U.S. Securities and Exchange Commission and member FINRA, SIPC